

Powerful Tools FOR Caregivers

This low-cost program has been offered by HCCN in Kona for the past ten years. Each session is led by a pair of certified community volunteers, who guide a small group of family caregivers through nationally recognized material on the challenges of giving care.

Here are some comments about PTC from caregivers here in Kona:

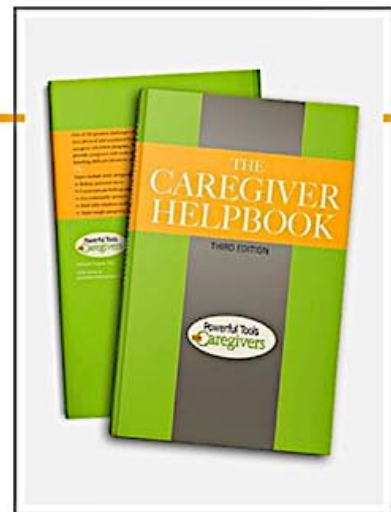
~ I found my hope again knowing there is help and that I can ask for it.

~ I am not alone. There are many others going through this.

~ Every topic targeted real life day-to-day issues.

For more information about the upcoming class, please see the [Powerful Tools](#) link on this site. You can find the PTC national website at www.powerfultoolsforcaregivers.org.

We are planning a spring class series in Kona, a summer series in Waikoloa, and a virtual PTC series in June. For information about future classes, please check back here or [join our email list](#).



The Caregiver Helpbook is yours to keep after you attend the six-week Powerful Tools class series.